



Michael A. Levato DDS
General & Cosmetic Dentistry

CARE AFTER COMPOSITE FILLINGS (TOOTH COLORED FILLINGS)

- Your lips and tongue may be numb for several hours after the appointment. Avoid any chewing and drinking until the effects of the anesthesia have completely subsided. It is easy to bite or burn your tongue, lip or cheek while you are numb.
- After the anesthesia has completely worn off, you may chew with your composite fillings, since they are fully set when you leave the office.
- It is normal to experience some temperature and pressure sensitivity following placement of a filling. Generally, this is most noticeable during the first few days, but the exact time frame can depend on the size and depth of the filling. Usually, the deeper the cavity, the more sensitive the tooth will be. During this time, avoid those things that are causing the sensitivity. In very few instances this sensitivity could last longer than a couple of weeks.
- The anesthetic injection site may also feel sore or swollen. Ibuprofen (Motrin), Tylenol (Acetaminophen), Aleve (Naproxen) or aspirin work well to alleviate the tenderness.
- The gum tissue could have been irritated during the procedure as well. If this occurs please rinse with warm salt water (1/2 teaspoon of salt dissolved in 8 oz. glass of warm water) up to three to four glasses per day.
- The finished restoration may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.
- We will have checked your bite (the way your teeth meet together) before you leave our dental office. Once the anesthesia has worn off, if you feel as though any of the teeth we have worked on are hitting first when you bite down, or if you believe your bite is not correctly balanced, it is a good idea to have this checked. Please call our office.
- It is important to maintain good oral hygiene and to make sure you brush twice a day and floss once-a-day around your new filling. Regular appointments at our dental office will allow us to check your fillings. All fillings have a limited life span and do need replacing periodically.
- If you have persistent or increased pressure, pain, sensitivity, swelling, discomfort or any other questions or concerns please call our office.

Superior care, one patient at a time.

830 Tenderfoot Hill Road, Suite 210, Colorado Springs, CO 80906 (719) 576-8840
www.broadmoordentist.com, E-mail: office@broadmoordentist.com