



Michael A. Levato DDS
General & Cosmetic Dentistry

AFTER CROWN OR BRIDGE APPOINTMENTS

Both crowns and bridges usually take two or three appointments to complete. In the first visit, the teeth are prepared and molds of the teeth are taken. Temporary crowns or bridges are placed to protect the teeth while your custom restoration is being made.

Care for Temporary Crown and Bridge Placements

- It is best to avoid drinking anything extremely hot or cold or eating anything for approximately 1 hour. If you need to eat, have something soft and chew on the opposite side from the crown.
- Because your teeth will be anesthetized, the tongue, lips and roof of your mouth may be numb. Avoid eating or drinking hot beverages immediately after your appointment, as you may accidentally bite or burn yourself.
- Avoid eating hard or crunchy foods, as they may break the temporary. Do not chew sticky foods like gum, taffy, or caramel. These could pull the temporary crown (or bridge) off. If the temporary should break, please call our office as soon as possible and bring the temporary crown with you to your visit.
- If the temporary crown (or bridge) should come off, place a small amount of toothpaste on the inside of the temporary and place it back on the tooth (the crown will only fit on one way).
- If the temporary crown (or bridge) continues to come off or does not feel quite right please call our office so it can be re-cemented. It is very important for the temporary crown to remain on the tooth until your appointment for the permanent gold or porcelain crown 2-3 weeks from today. Allowing the temporary crown to be off for as little as several days will interfere with the permanent gold or porcelain crown fitting properly.
- It is normal to experience some temperature and pressure sensitivity after each appointment. This sensitivity should subside a few weeks after the placement of the final restoration. Mild pain medications may be used as directed by our office. If you have any other questions or concerns, please call our office.
- Resume your normal homecare starting this evening by brushing as usual. When flossing, be careful not to pull up on the floss which may dislodge the temporary. Instead, pull the floss out through the *side* of the temporary crown. Flossing can pull the temporary crown off if done improperly.

Superior care, one patient at a time.

830 Tenderfoot Hill Road, Suite 210, Colorado Springs, CO 80906 (719) 576-8840
www.broadmoordentist.com, E-mail: office@broadmoordentist.com