



Michael A. Levato DDS
General & Cosmetic Dentistry

Protocol for High Caries Risk

- Peridex Rinse (1 tablespoon)
 - Rinse for 30 seconds twice each day – after breakfast and before bedtime, following brushing and flossing for 2 weeks.
- Prevident 5000
 - Brush thoroughly 3 times a day.
 - Just spit out excess paste, do not rinse.
 - Do not eat or drink for 30 minutes.
- Xylitol
 - Chew Xylitol containing gum or mints 3-4 times a day for 5 minutes each time.
 - Ice Breakers Ice Cubes (most stores)
 - Spry (most stores)
 - Mentos Pure Fresh (most stores)
 - Epic (on-line, epicdental.com)
- MI Paste Plus
 - Apply with finger to outside and inside surfaces of teeth before bed
 - Do not rinse off.

Superior care, one patient at a time.

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